



This questionnaire has been designed to help you understand how your beliefs impact your ability to manage every-day activities. Please mark each section with the ONE (1) CHOICE that applies best to you. By design, each section has multiple “correct” answers. If you feel that two or more of the statements in any one section relate to you, please mark the ONE box that most closely describes your present situation or perspective.

Section 1 – Life and Purpose

- Every dark cloud has a silver lining.
- Luck often plays a part in achieving success.
- Sometimes, bad things happen to good people. It’s part of life.
- Life is not something I can control; all that happens is a test of our character and strength.
- No matter how things appear, everything always works out for the best.

Section 2 – Personal Power

- With imagination, hard work, and a few connections, anyone can excel.
- I have what I need to create all I want.
- I see others succeed, and often wonder, “Why can’t I...” or “It must be nice...”
- Life is 10% what you make it, 90% how you take it.
- Success boils down to “survival of the fittest”: genes, practice, and attitude.

Section 3 – My Financial Future

- When and if someone makes a lot of money; they tend to have bigger problems.
- Financially, I somehow always end up with what I need or what I really, really want.
- Financial success usually depends on many factors, such as your employer, your profession, and the economy.
- There is enough for everyone, and I am moving towards “mine”.
- For someone to succeed financially, others usually have to lose; there’s only so much to go around.

Section 4 – Relationship Satisfaction (friends and/or partners)

- Relationships come and go, but my happiness depends entirely on me.
- I can’t control how others behave around me; my happiness depends mostly on me.
- I know I am living my life wisely, when I’m able to make those I love happy.
- It’s a blessing to take care of those we love; my happiness depends mostly on those I love being happy.
- No person is an island; my happiness depends entirely on those I love being happy.

Section 5 – Health

- To be truly healthy, one must eat well, exercise often, and sleep properly.
- Heredity, genes, God, or fate are the overriding factors of health.
- Anyone can improve their health, at any time they choose.
- Sometimes bodies break down and get sick for reasons beyond our control.
- From the time we stop growing, our bodies are in a continuous state of decline.

Section 6 - Work-Life Balance

- If I didn't have to work, I would be a happier person.
- Work is not a good or a bad thing, it makes the rest of my life possible.
- Work adds to my life and contributes to my happiness.
- Work is not really something fun, but I've learned to make the best of it.
- Even if I was extremely wealthy, I'd probably still work.

I believe that everyone's special, that every life is meaningful, and that we're all here to learn that dreams do come true.

Be sure to have this form handy for your evaluation call.

Yours in Personal Success,



Carlos Batista